



Continuing Education for Health Care

# 2010



## SCHEDULE OF CLASSES

3340 Riverside Drive, Suite F  
Chino, CA 91710

(909) 464-2299  
(909) 464-9949 Fax

Register Online 24/7  
[www.flexed.com](http://www.flexed.com)

# JANUARY THRU MARCH

# FLEX ED 2010 FLYER

++The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.

## ABG - Arterial Blood Gas Interpretation

Learn methods for accurate respiratory system assessment including the interpretation of arterial blood gases. This program will introduce a step-by-step approach for blood gas analysis and recognition of abnormalities. Various treatments and clinical outcomes will be discussed.

### Course Fees for ABG - Arterial Blood Gas Interpretation

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/21/2010		1	Thursday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	12:00 PM	4

## ACLS Prep

The current ACLS Provider and Renewal courses require that participants have a complete understanding of cardiac dysrhythmias and cardiac pharmacology PRIOR to enrolling in an ACLS course. This course will provide an overview of both ECG rhythms as well as medications given during ACLS emergency situations to assist the student in successfully passing ACLS. The ACLS textbook is required for this course and can be purchased the day of the class, at the Flex Ed office, or can be mailed (\$40 text fee plus \$5 for shipping). Additional study materials will be given out at class and are included in the course fee. This course is not required by the AHA prior to taking ACLS, but is highly recommended for those that are not very familiar with the pre-requisite ECG and pharmacology information.

### Course Fees for ACLS Prep

Tuition	Textbook	Materials	Card
\$100.00	\$40.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/4/2010		1	Monday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	8
1/20/2010		1	Wednesday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8
2/1/2010		1	Monday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	8
2/5/2010		1	Friday	Whittier	Education Classroom #375	9:00 AM	5:00 PM	8
3/1/2010		1	Monday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8

*Tuition fees are not applicable for verified employees of contract facilities. Classes with an asterisk (\*) indicate CNA appropriate. Classes with a (+) meet the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Classes may be cancelled for unusual circumstances, or if there is low enrollment on the first day of class. Classes and prices are subject to change. No refund is provided unless the class is cancelled. Participants must register online at [www.flexed.com](http://www.flexed.com) or by calling 909-464-2299. Course completion requires attendance of ALL scheduled course dates and given course assignments. Late registration WILL NOT be accepted. Participants arriving late to a course may be turned away.*

## ACLS Provider

++ Through the ACLS course, healthcare providers will enhance their skills in the treatment of the adult victim of a cardiac arrest or other cardiopulmonary emergencies. Each participant is evaluated individually on his/her ability to demonstrate core course knowledge and skills. This course will prepare you to work as a team member and team leader in a code situation. Participants must have the textbook ahead of time and complete the Pre course Preparation Checklist in the Provider Manual. This includes the online self-assessment. Participants who are interested in a review of ECG's and ACLS Pharmacology are strongly encouraged to first attend an ACLS Prep course. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$40 text fee plus \$5 for shipping). The last day of 2-day Providers are scheduled for 7 hours\*\*

### Course Fees for ACLS Provider

Tuition	Textbook	Materials	Card
\$220.00	\$40.00	\$0.00	\$5.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/4/2010	1/11/2010	2	Monday	Centinela	Room 104	9:00 AM	5:00 PM	15
1/7/2010	1/14/2010	2	Thursday	Olympia	4 West Lounge	9:00 AM	5:00 PM	15
1/11/2010	1/18/2010	2	Monday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	15
1/12/2010	1/19/2010	2	Tuesday	LA Community	2nd Floor Conference Room	9:00 AM	5:00 PM	15
1/14/2010	1/21/2010	2	Thursday	San Gabriel Valley	CHEC Building	9:00 AM	5:00 PM	15
2/1/2010	2/8/2010	2	Monday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	15
2/2/2010	2/9/2010	2	Tuesday	LA Community	2nd Floor Conference Room	9:00 AM	5:00 PM	15
2/6/2010	2/13/2010	2	Saturday	Brotman	Cardiac Rehab Room	9:00 AM	5:00 PM	15
2/8/2010	2/15/2010	2	Monday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	15
2/10/2010	2/17/2010	2	Wednesday	Whittier	Education Classroom #375	9:00 AM	5:00 PM	15
3/4/2010	3/11/2010	2	Thursday	Paradise Valley	Lobby Meeting Room A	8:00 AM	4:00 PM	15
3/5/2010	3/12/2010	2	Friday	Corona	CMC Auditorium	9:00 AM	5:00 PM	15
3/8/2010	3/15/2010	2	Monday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	15
3/8/2010	3/15/2010	2	Monday	Centinela	Room 104	9:00 AM	5:00 PM	15
3/16/2010	3/23/2010	2	Tuesday	Sherman Oaks	3rd Floor Classroom	9:00 AM	5:00 PM	15

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## ACLS Renewal

++The ACLS Renewal course is designed for participants with a CURRENT ACLS Provider card. The American Heart Association ACLS course has been totally redesigned to incorporate new scientific evidence from the 2005 Guidelines and also implements a new teaching methodology. Each participant is evaluated individually on his/her ability to demonstrate core course knowledge and skills while acting as a team leader. Significant precourse preparation is essential to course success. Participants must have the textbook ahead of time and complete the Precourse Preparation Checklist in the Provider Manual. This includes the online self-assessment. Appendix A provides an overview of skills testing expectations. Participants who do not practice ACLS skills on a regular basis are encouraged to attend an ACLS Prep course prior Renewal or the full ACLS Provider course. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$40 text fee plus \$5 for shipping).

### Course Fees for ACLS Renewal

Tuition	Textbook	Materials	Card
\$120.00	\$40.00	\$0.00	\$5.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/9/2010		1	Saturday	Corona	CMC Auditorium	8:00 AM	4:00 PM	8
1/13/2010		1	Wednesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	8
1/18/2010		1	Monday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8
1/19/2010		1	Tuesday	Paradise Valley	Lobby Meeting Room A	9:00 AM	5:00 PM	8
1/20/2010		1	Wednesday	Centinela	Room 104	9:00 AM	5:00 PM	8
1/27/2010		1	Wednesday	Whittier	Education Classroom #375	9:00 AM	5:00 PM	8
1/28/2010		1	Thursday	Flex Ed Center	Cedar Room	3:00 PM	11:00 PM	8
2/2/2010		1	Tuesday	West Med Anaheim	Conference Rooms 4 & 5	9:00 AM	5:00 PM	8
2/9/2010		1	Tuesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	8
2/16/2010		1	Tuesday	Centinela	Room 104	9:00 AM	5:00 PM	8
2/18/2010		1	Thursday	Olympia	4 West Lounge	9:00 AM	5:00 PM	8
2/19/2010		1	Friday	Encino	Classroom	9:00 AM	5:00 PM	8
2/25/2010		1	Thursday	Flex Ed Center	Cedar Room	3:00 PM	11:00 PM	8
3/1/2010		1	Monday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8
3/4/2010		1	Thursday	Alhambra	Community Room	9:00 AM	5:00 PM	8
3/6/2010		1	Saturday	Temple	Basement Conference Room	9:00 AM	5:00 PM	8
3/6/2010		1	Saturday	Pacific Long Beach	Auditorium	8:30 AM	4:30 PM	8
3/10/2010		1	Wednesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	8
3/16/2010		1	Tuesday	Paradise Valley	Lobby Meeting Room A	9:00 AM	5:00 PM	8
3/16/2010		1	Tuesday	Anaheim Regional	Support Svcs Conference Room	9:00 AM	5:00 PM	8

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3/17/2010	1	Wednesday	Centinela	Room 104	9:00 AM	5:00 PM	8
3/18/2010	1	Thursday	West Anaheim	Community Room	9:00 AM	5:00 PM	8
3/24/2010	1	Wednesday	Whittier	Education Classroom #375	9:00 AM	5:00 PM	8
3/25/2010	1	Thursday	Flex Ed Center	Cedar Room	3:00 PM	11:00 PM	8
3/27/2010	1	Saturday	Brotman	Cardiac Rehab Room	8:30 AM	4:30 PM	8

## **Assaultive Behavior Management ( AB 508 )\*+**

This program teaches the healthcare professional techniques to use when dealing with the potentially assaultive client. Participants need to wear comfortable clothes and be able to perform various physical techniques. Techniques will include verbal de-escalation skills as well as hand-on techniques. This meets the state requirements for AB508.

### **Course Fees for Assaultive Behavior Management ( AB 508 )\*+**

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$60.00	\$0.00	\$0.00	\$0.00

<b>START DATE</b>	<b>END DATE</b>	<b># OF MTGS</b>	<b>DAY</b>	<b>LOCATION</b>	<b>CLASSROOM</b>	<b>START TIME</b>	<b>END TIME</b>	<b>CEU</b>
1/4/2010		1	Monday	Flex Ed Center	Palm Room	8:00 AM	12:00 PM	4
1/7/2010		1	Thursday	HC Van Nuys	Large Conference Room	8:00 AM	12:00 PM	4
1/9/2010		1	Saturday	Pacific Long Beach	Auditorium	8:00 AM	12:00 PM	4
1/11/2010		1	Monday	Corona	CMC Auditorium	8:00 AM	12:00 PM	4
1/12/2010		1	Tuesday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	12:00 PM	4
1/12/2010		1	Tuesday	Hollywood Community	2nd Floor Conference Room	2:00 PM	6:00 PM	4
1/13/2010		1	Wednesday	Paradise Valley	Cafeteria Conference Room	9:00 AM	1:00 PM	4
1/14/2010		1	Thursday	West Med Anaheim	Conference Rooms 3 & 4	9:00 AM	1:00 PM	4
1/19/2010		1	Tuesday	Hollywood Community	2nd Floor Conference Room	9:00 AM	1:00 PM	4
1/21/2010		1	Thursday	Encino	Classroom	8:00 AM	12:00 PM	4
1/27/2010		1	Wednesday	West Anaheim	Community Room	1:00 PM	5:00 PM	4
1/28/2010		1	Thursday	Centinela	Back Room Gazebo	9:00 AM	1:00 PM	4
2/3/2010		1	Wednesday	San Gabriel Valley	BMC Activity Room	5:00 PM	9:00 PM	4
2/4/2010		1	Thursday	Flex Ed Center	Cedar Room	8:00 AM	12:00 PM	4
2/8/2010		1	Monday	Corona	CMC Auditorium	8:00 AM	12:00 PM	4
2/9/2010		1	Tuesday	Hollywood Community	2nd Floor Conference Room	2:00 PM	6:00 PM	4

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2/10/2010	1	Wednesday	Paradise Valley	Cafeteria Conference Room	9:00 AM	1:00 PM	4
2/11/2010	1	Thursday	West Med Anaheim	Conference Rooms 3 & 4	2:00 PM	6:00 PM	4
2/11/2010	1	Thursday	Memorial Gardena	Medical Library	8:00 AM	12:00 PM	4
2/11/2010	1	Thursday	Whittier	Education Classroom #375	2:00 PM	6:00 PM	4
2/13/2010	1	Saturday	Pacific Long Beach	Auditorium	8:00 AM	12:00 PM	4
2/16/2010	1	Tuesday	Hollywood Community	2nd Floor Conference Room	9:00 AM	1:00 PM	4
2/17/2010	1	Wednesday	Beverly	Classroom D	8:30 AM	12:30 PM	4
2/18/2010	1	Thursday	Kindred-Ont	Conference Room	5:30 PM	9:30 PM	4
2/24/2010	1	Wednesday	Garden Grove	Litke Auditorium	1:00 PM	5:00 PM	4
2/25/2010	1	Thursday	Centinela	Room 104	9:00 AM	1:00 PM	4
3/1/2010	1	Monday	Alhambra	Community Room	1:00 PM	5:00 PM	4
3/4/2010	1	Thursday	HC Van Nuys	Large Conference Room	8:00 AM	12:00 PM	4
3/8/2010	1	Monday	Corona	CMC Auditorium	8:00 AM	12:00 PM	4
3/9/2010	1	Tuesday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	12:00 PM	4
3/9/2010	1	Tuesday	Hollywood Community	2nd Floor Conference Room	2:00 PM	6:00 PM	4
3/10/2010	1	Wednesday	Paradise Valley	Bayview - RTC Room	12:00 PM	4:00 PM	4
3/10/2010	1	Wednesday	Desert Valley	Charitable Conference Room	9:00 AM	1:00 PM	4
3/11/2010	1	Thursday	West Med Anaheim	Conference Rooms 3 & 4	9:00 AM	1:00 PM	4
3/13/2010	1	Saturday	Pacific Long Beach	Auditorium	8:00 AM	12:00 PM	4
3/16/2010	1	Tuesday	Hollywood Community	2nd Floor Conference Room	9:00 AM	1:00 PM	4
3/18/2010	1	Thursday	Encino	Classroom	8:00 AM	12:00 PM	4
3/24/2010	1	Wednesday	Memorial Gardena	Education Classroom	8:00 AM	12:00 PM	4
3/24/2010	1	Wednesday	Hunt. Beach	Conference Room 3	2:00 PM	6:00 PM	4
3/25/2010	1	Thursday	Centinela	Room 104	9:00 AM	1:00 PM	4
3/31/2010	1	Wednesday	San Gabriel Valley	Learning Center	1:00 PM	5:00 PM	4

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## Bioterrorism Diseases\*+

This course will identify the current threat Bioterrorism poses in the United States today and the impact it could have on the entire Health Care System. The course will review those biological agents that CDC has identified as potential bioterrorist agents. The participants will discuss the associated presenting symptoms, treatment and outcome measurements required for successful containment of a biological incident.

### Course Fees for Bioterrorism Diseases\*+

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/21/2010		1	Thursday	Hunt. Beach	Conference Room 3	9:00 AM	1:00 PM	4

## Breast Feeding

This course is designed to help OB nurses provide more effective advice and support for the breast feeding mother. Participants will learn how to enhance parent-infant attachment, engender newborn breastfeeding competence and increase patient satisfaction with no increase in staff workload.

### Course Fees for Breast Feeding

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/20/2010		1	Wednesday	Beverly	Classroom D	9:00 AM	5:00 PM	8
1/27/2010		1	Wednesday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8
1/29/2010		1	Friday	Beverly	Classroom D	9:00 AM	5:00 PM	8
2/25/2010		1	Thursday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8
3/24/2010		1	Wednesday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8

## C.N.A. Series - Aging Health & Disease\*

NO RN or LVN Credit Available. This class is specifically intended for the Certified Nurse Aide (CNA), the Certified Home Health Aide (CHHA), or the Restorative Nurse Aide (RNA) in compliance with Title 22 and certification board continuing education requirements. Special Needs of the Disabled - This class will cover: Problems & needs of the aged – chronically ill – acutely ill – and disabled patient, including pain management and diabetes.

### Course Fees for C.N.A. Series - Aging Health & Disease\*

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/14/2010		1	Thursday	West Anaheim	Community Room	9:00 AM	5:00 PM	8
3/29/2010		1	Monday	Centinela	Room 104	9:00 AM	5:00 PM	8

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## C.N.A. Series - Essentials of Communication\*

NO RN or LVN Credit Available. This class is specifically intended for the Certified Nurse Aide (CNA), the Certified Home Health Aide (CHHA), or the Restorative Nurse Aide (RNA) in compliance with Title 22 and certification board continuing education requirements. "Understanding the effect of adequate nutrition on disease; and prevention of pressure ulcers and infection." This class focuses on the effects of poor nutrition and diet changes in the elderly population, and how this impacts reaction to disease and infection. Emphasis is placed on the Certified Nursing Assistant ability to detect early signs of inadequate diet. An extensive section on how pressure ulcers are formed and the importance of prevention is stressed. Infection control and general discussion of hospital acquired infection are included.

### Course Fees for C.N.A. Series - Essentials of Communication\*

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
3/11/2010		1	Thursday	West Anaheim	Community Room	9:00 AM	5:00 PM	8

## C.N.A. Series - Nutrition and Infection Control\*

NO RN or LVN Credit Available. This class is specifically intended for the Certified Nurse Aide (CNA), the Certified Home Health Aide (CHHA), or the Restorative Nurse Aide (RNA) in compliance with Title 22 and certification board continuing education requirements. Skin Care and Wound Prevention - This class will cover: Nutritional screening and assessment, skin care and wound prevention, and the prevention and control of infections.

### Course Fees for C.N.A. Series - Nutrition and Infection Control\*

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/15/2010		1	Friday	Anaheim Regional	Classroom A	9:00 AM	5:00 PM	8

## C.N.A. Series - Patient Emergencies\*

NO RN or LVN Credit Available. This class is specifically intended for the Certified Nurse Aide (CNA), the Certified Home Health Aide (CHHA), or the Restorative Nurse Aide (RNA) in compliance with Title 22 and certification board continuing education requirements. Emergency Response - This class will cover: Recognition of cardiopulmonary distress and implementing CPR. Choking prevention and intervention techniques will be included.

### Course Fees for C.N.A. Series - Patient Emergencies\*

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/17/2010		1	Wednesday	Olympia	4 West Lounge	9:00 AM	5:00 PM	8
2/22/2010		1	Monday	Sherman Oaks	3rd Floor Classroom	9:00 AM	5:00 PM	8

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## C.N.A. Series - Stress and End of Life Care\*

NO RN or LVN Credit Available. This class is specifically intended for the Certified Nurse Aide (CNA), the Certified Home Health Aide (CHHA), or the Restorative Nurse Aide (RNA) in compliance with Title 22 and certification board continuing education requirements. Body Mechanics, Stress Management, and End of Life Care - This course will review body mechanics, lifting and transferring techniques, and correct patient positioning. The second portion of the class will focus on techniques for managing stress as well as understanding grief and coping strategies for end of life care.

### Course Fees for C.N.A. Series - Stress and End of Life Care\*

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/26/2010		1	Tuesday	Centinela	Back Room Gazebo	9:00 AM	5:00 PM	8

## Chemotherapy and Biotherapy - ONS

This course is designed specifically for the Registered Nurse working in Oncology. We will utilize material and curriculum published by the Oncology Nursing Society (ONS) to verify that participants have the didactic knowledge necessary to practice at the bedside with an experienced chemo RN. Individual facilities are responsible for validating chemo administration competency. Topics covered will include the pathophysiology of cancer, diagnosis, legal & ethical issues and patient teaching. Significant course time will also be spent on common chemotherapeutic agents, administration of chemotherapy and biotherapy, the effect of chemo on body systems and safety measures. Upon completion, participants will receive an ONS Chemotherapy Provider Card valid for 2 years. Other licensed participants – including LVNs, Pharmacists and Respiratory Therapists are welcome to attend for information and continuing education, but are not eligible to receive the Provider Card.

### Course Fees for Chemotherapy and Biotherapy - ONS

Tuition	Textbook	Materials	Card
\$200.00	\$100.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/11/2010	2/18/2010	2	Thursday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	14

## Couplet Care

This course will review the nursing care of the mother and infant from the recovery stage to the discharge. Emphasis will be placed on maternal and newborn assessment, post-delivery complications, and patient teaching. This course is recommended for the L&D or Nursery nurse that would like to become more experienced with care of the mother and baby from delivery to discharge. This course is also appropriate for RNs and LVN/LPNs.

### Course Fees for Couplet Care

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/12/2010		1	Tuesday	Whittier	Education Classroom #375	8:30 AM	4:30 PM	8
1/15/2010		1	Friday	Whittier	Education Classroom #375	8:30 AM	4:30 PM	8

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## CPR - Healthcare Provider

++ This is a BLS Healthcare Provider course for first time participants and for those who have expired cards. The course covers core material such as adult and pediatric CPR (including two-rescuer scenarios and use of the bag mask), foreign-body airway obstruction, and automated external defibrillation. Participants are encouraged to obtain the textbook ahead of time and review the core material. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$15 text fee plus \$5 for shipping).

### Course Fees for CPR - Healthcare Provider

Tuition	Textbook	Materials	Card
\$50.00	\$15.00	\$0.00	\$5.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/5/2010		1	Tuesday	Flex Ed Center	Cedar Room	5:00 PM	10:00 PM	0
1/9/2010		1	Saturday	Chino Valley	Main Conference Room	9:00 AM	2:00 PM	0
1/9/2010		1	Saturday	Temple	Basement Conference Room	12:00 PM	5:00 PM	0
1/13/2010		1	Wednesday	Desert Valley	Charitable Conference Room	8:00 AM	1:00 PM	0
2/2/2010		1	Tuesday	Flex Ed Center	Cedar Room	5:00 PM	10:00 PM	0
2/13/2010		1	Saturday	Chino Valley	Main Conference Room	9:00 AM	2:00 PM	0
2/25/2010		1	Thursday	Hunt. Beach	Conference Room 3	9:00 AM	2:00 PM	0
2/27/2010		1	Saturday	Paradise Valley	Cafeteria Conference Room	12:00 PM	5:00 PM	0
3/2/2010		1	Tuesday	Flex Ed Center	Cedar Room	5:00 PM	10:00 PM	0
3/3/2010		1	Wednesday	Anaheim Regional	Classroom C & D	8:00 AM	1:00 PM	0
3/4/2010		1	Thursday	Sherman Oaks	3rd Floor Classroom	8:00 AM	1:00 PM	0
3/10/2010		1	Wednesday	Centinela	Room 104	9:00 AM	2:00 PM	0
3/12/2010		1	Friday	Desert Valley	Charitable Conference Room	8:00 AM	1:00 PM	0
3/13/2010		1	Saturday	Chino Valley	Main Conference Room	9:00 AM	2:00 PM	0

## CPR - Healthcare Provider RENEWAL

++ The BLS Healthcare Provider RENEWAL course is designed for participants with a CURRENT AHA BLS Healthcare Provider card. Cards are considered CURRENT through the last day of the recommended renewal month. Individuals with expired cards, or non-AHA cards should refer to the BLS Healthcare Provider course. Participants are encouraged to obtain the textbook ahead of time and review the core material. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$15 text fee plus \$5 for shipping). Individual BLS Retraining for experienced personnel may be arranged by appointment for a cost of \$100.00 per person plus textbook.

### Course Fees for CPR - Healthcare Provider RENEWAL

Tuition	Textbook	Materials	Card
\$25.00	\$15.00	\$0.00	\$5.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/6/2010		1	Wednesday	Anaheim Regional	Classroom C & D	8:00 AM	11:00 AM	0

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1/7/2010	1	Thursday	Sherman Oaks	3rd Floor Classroom	9:00 AM	12:00 PM	0
1/7/2010	1	Thursday	Hunt. Beach	Conference Room 3	9:00 AM	12:00 PM	0
1/7/2010	1	Thursday	Kindred-Ont	Conference Room	6:00 PM	9:00 PM	0
1/8/2010	1	Friday	Memorial Gardena	Education Classroom	9:00 AM	12:00 PM	0
1/9/2010	1	Saturday	Temple	Basement Conference Room	9:00 AM	12:00 PM	0
1/12/2010	1	Tuesday	Corona	Rehab Room - Magnolia Campus	12:30 PM	3:30 PM	0
1/13/2010	1	Wednesday	San Gabriel Valley	CHEC Building	8:00 AM	11:00 AM	0
1/15/2010	1	Friday	Alhambra	Community Room	8:00 AM	11:00 AM	0
1/15/2010	1	Friday	Brotman	Cardiac Rehab Room	9:00 AM	12:00 PM	0
1/15/2010	1	Friday	MHMC	Main Conference Room	9:00 AM	12:00 PM	0
1/15/2010	1	Friday	San Dimas	Main Conference Room	9:00 AM	12:00 PM	0
1/19/2010	1	Tuesday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	11:00 AM	0
1/20/2010	1	Wednesday	West Med Anaheim	Conference Rooms 3 & 4	9:00 AM	12:00 PM	0
1/20/2010	1	Wednesday	HC Van Nuys	Large Conference Room	4:00 PM	7:00 PM	0
1/20/2010	1	Wednesday	Paradise Valley	Lobby Meeting Room A	9:00 AM	12:00 PM	0
1/22/2010	1	Friday	Whittier	Education Classroom #375	8:00 AM	11:00 AM	0
1/23/2010	1	Saturday	Pacific Long Beach	Auditorium	9:00 AM	12:00 PM	0
1/26/2010	1	Tuesday	La Palma	Rehab Room	9:00 AM	12:00 PM	0
1/26/2010	1	Tuesday	Chino Valley	Main Conference Room	6:00 PM	9:00 PM	0
1/26/2010	1	Tuesday	Centinela	Room 104	8:00 AM	11:00 AM	0
1/29/2010	1	Friday	Desert Valley	Charitable Conference Room	8:00 AM	11:00 AM	0
1/30/2010	1	Saturday	Flex Ed Center	Cedar Room	9:00 AM	12:00 PM	0
2/3/2010	1	Wednesday	Anaheim Regional	Classroom C & D	8:00 AM	11:00 AM	0
2/4/2010	1	Thursday	Kindred-Ont	Conference Room	6:00 PM	9:00 PM	0
2/9/2010	1	Tuesday	West Anaheim	3rd Floor Classroom	8:00 AM	11:00 AM	0
2/9/2010	1	Tuesday	Corona	CMC Auditorium	12:30 PM	3:30 PM	0
2/12/2010	1	Friday	San Dimas	Main Conference Room	9:00 AM	12:00 PM	0
2/16/2010	1	Tuesday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	11:00 AM	0
2/17/2010	1	Wednesday	HC Van Nuys	Large Conference Room	4:00 PM	7:00 PM	0

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2/17/2010	1	Wednesday	West Med Anaheim	Conference Rooms 3 & 4	9:00 AM	12:00 PM	0
2/18/2010	1	Thursday	Garden Grove	Litke Auditorium	9:00 AM	12:00 PM	0
2/19/2010	1	Friday	Alhambra	Community Room	8:00 AM	11:00 AM	0
2/19/2010	1	Friday	MHMC	Main Conference Room	9:00 AM	12:00 PM	0
2/19/2010	1	Friday	Desert Valley	Charitable Conference Room	8:00 AM	11:00 AM	0
2/19/2010	1	Friday	Brotman	Cardiac Rehab Room	9:00 AM	12:00 PM	0
2/23/2010	1	Tuesday	Centinela	Room 104	8:00 AM	11:00 AM	0
2/23/2010	1	Tuesday	Chino Valley	Main Conference Room	6:00 PM	9:00 PM	0
2/26/2010	1	Friday	Whittier	Education Classroom #375	8:00 AM	11:00 AM	0
2/27/2010	1	Saturday	Encino	Classroom	9:00 AM	12:00 PM	0
2/27/2010	1	Saturday	Paradise Valley	Cafeteria Conference Room	9:00 AM	12:00 PM	0
2/27/2010	1	Saturday	Pacific Long Beach	Auditorium	9:00 AM	12:00 PM	0
3/3/2010	1	Wednesday	Anaheim Regional	Classroom C & D	2:00 PM	5:00 PM	0
3/4/2010	1	Thursday	Hunt. Beach	Conference Room 3	9:00 AM	12:00 PM	0
3/4/2010	1	Thursday	Sherman Oaks	3rd Floor Classroom	2:00 PM	5:00 PM	0
3/4/2010	1	Thursday	Kindred-Ont	Conference Room	6:00 PM	9:00 PM	0
3/9/2010	1	Tuesday	Corona	CMC Auditorium	12:30 PM	3:30 PM	0
3/12/2010	1	Friday	San Dimas	Main Conference Room	9:00 AM	12:00 PM	0
3/16/2010	1	Tuesday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	11:00 AM	0
3/17/2010	1	Wednesday	Paradise Valley	Lobby Meeting Room A	9:00 AM	12:00 PM	0
3/17/2010	1	Wednesday	West Med Anaheim	Conference Rooms 3 & 4	9:00 AM	12:00 PM	0
3/17/2010	1	Wednesday	HC Van Nuys	Large Conference Room	4:00 PM	7:00 PM	0
3/19/2010	1	Friday	Alhambra	Community Room	8:00 AM	11:00 AM	0
3/19/2010	1	Friday	MHMC	Main Conference Room	9:00 AM	12:00 PM	0
3/19/2010	1	Friday	Brotman	Cardiac Rehab Room	9:00 AM	12:00 PM	0
3/23/2010	1	Tuesday	La Palma	Rehab Room	9:00 AM	12:00 PM	0
3/23/2010	1	Tuesday	Centinela	Room 104	8:00 AM	11:00 AM	0
3/24/2010	1	Wednesday	Desert Valley	Charitable Conference Room	8:00 AM	11:00 AM	0
3/26/2010	1	Friday	Whittier	Education Classroom #375	8:00 AM	11:00 AM	0

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3/27/2010	1	Saturday	Flex Ed Center	Cedar Room	9:00 AM	12:00 PM	0
3/27/2010	1	Saturday	Pacific Long Beach	Auditorium	9:00 AM	12:00 PM	0
3/30/2010	1	Tuesday	Chino Valley	Main Conference Room	6:00 PM	9:00 PM	0

## Critical Care Nursing

This class follows the content and curriculum outlined by the American Association of Critical Care Nurses and is designed to provide a knowledge base for the experienced nurse to enter the practice of Critical Care Nursing. Case studies will be used to identify clinical issues and develop critical thinking skills. This program requires homework.

### Course Fees for Critical Care Nursing

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$400.00	\$80.00	\$20.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/9/2010	3/16/2010	6	Tuesday	Olympia	4 West Lounge	8:30 AM	4:30 PM	60
3/16/2010	4/20/2010	6	Tuesday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	60

## Critical Care Review #2 Respiratory

Review of airway adjuncts, ABGs, and ventilators with hands-on ventilator review

### Course Fees for Critical Care Review #2 Respiratory

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
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START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/11/2010		1	Monday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8
1/25/2010		1	Monday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8

## Customer Service\*+

Customer service is the key to the delivery of quality healthcare. Learn techniques to deliver the best service and avoid escalating situations that can make the patient unhappy and the caregiver frustrated.

### Course Fees for Customer Service\*+

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$40.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/15/2010		1	Friday	Pacific Long Beach	South Campus - Classroom 3	1:00 PM	3:00 PM	2

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1/15/2010	1	Friday	Pacific Long Beach	South Campus - Classroom 3	10:00 AM	12:00 PM	2
3/19/2010	1	Friday	Pacific Long Beach	South Campus - Classroom 3	1:00 PM	3:00 PM	2
3/19/2010	1	Friday	Pacific Long Beach	South Campus - Classroom 3	10:00 AM	12:00 PM	2

## Diabetes / Care of the Diabetic Patient+

This program will review the latest research that supports treatment modalities for the diabetic patient. Current regulatory guidelines will be discussed. Critical elements of education programs for diabetic patients will be reviewed. Current techniques for blood glucose testing and insulin administration will be reviewed. Critical Pathways for the diabetic patient will be discussed.

### Course Fees for Diabetes / Care of the Diabetic Patient+

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$40.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/15/2010		1	Monday	Hunt. Beach	Conference Room 3	5:30 PM	9:30 PM	4
3/11/2010		1	Thursday	Whittier	Education Classroom #375	5:30 PM	9:30 PM	4

## Documentation+

This program will review the current legal aspects of effective documentation by developing a working knowledge of the legal system and the relatedness to healthcare liability. Typical pitfalls in documentation will be identified which can result in increased liability. Updates in HIPAA and DHHS regulations for protected health information will be discussed.

### Course Fees for Documentation+

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$40.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/10/2010		1	Wednesday	Centinela	Room 104	9:00 AM	1:00 PM	4
2/26/2010		1	Friday	West Med Anaheim	Conference Room 5	9:00 AM	1:00 PM	4
3/5/2010		1	Friday	Hunt. Beach	Conference Room 3	1:00 PM	5:00 PM	4
3/9/2010		1	Tuesday	Alhambra	Community Room	5:30 PM	9:30 PM	4

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## Dysrhythmia Interp. & Therapeutic Modalities

This class is designed for the (RN/LVN) member of the medical team who may be responsible for interpreting cardiac rhythms and identifying rhythm disturbances. The course will cover rhythm disturbances, therapeutic interventions and management of dysrhythmias. This program requires intensive study. 24 contact hours will be awarded after attendance of all course meetings and successful completion of a final exam.

### Course Fees for Dysrhythmia Interp. & Therapeutic Modalities

Tuition	Textbook	Materials	Card
\$200.00	\$50.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/8/2010	1/29/2010	4	Friday	Flex Ed Center	Palm Room	9:00 AM	4:00 PM	24
1/22/2010	2/12/2010	4	Friday	West Med Anaheim	Conference Room 4	9:00 AM	4:00 PM	24
2/8/2010	3/1/2010	4	Monday	Paradise Valley	Lobby Meeting Room A	9:00 AM	4:00 PM	24
2/10/2010	3/3/2010	4	Wednesday	Alhambra	Community Room	9:00 AM	4:00 PM	24
3/2/2010	3/23/2010	4	Tuesday	Beverly	Classroom D	9:00 AM	4:00 PM	24
3/4/2010	3/25/2010	4	Thursday	Pacific Long Beach	South Campus - Classroom 3	9:00 AM	4:00 PM	24
3/5/2010	3/26/2010	4	Friday	Flex Ed Center	Palm Room	9:00 AM	4:00 PM	24

## Dysrhythmias for Monitor Techs \*

NO RN or LVN Credit. This program is recommended for monitor technicians and other non-licensed personnel working in monitored areas. Analysis of cardiac rhythm strips will be taught. Program requires homework and study. 24 contact hours will be awarded after attendance of all course meetings and successful completion of final exam.

### Course Fees for Dysrhythmias for Monitor Techs \*

Tuition	Textbook	Materials	Card
\$200.00	\$50.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/4/2010	2/25/2010	4	Thursday	Pacific Long Beach	South Campus - Classroom 3	9:00 AM	4:00 PM	24
2/5/2010	3/12/2010	6	Friday	Flex Ed Center	Cedar Room	5:30 PM	9:30 PM	24
3/12/2010	4/2/2010	4	Friday	Hunt. Beach	Conference Room 3	9:00 AM	4:00 PM	24

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## Elder Abuse\*+

All medical professionals are mandated reporters for abuse. Learn to identify indicators for abuse and the proper procedure for reporting.

### Course Fees for Elder Abuse\*+

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/20/2010		1	Wednesday	Garden Grove	Litke Auditorium	5:30 PM	9:30 PM	4
2/1/2010		1	Monday	Anaheim Regional	Classroom C	9:00 AM	1:00 PM	4

## Emergency Nursing

This program includes curriculum outlined and developed by the Emergency Nurses Association, including the appropriate text. This course is designed to help the RN/LVN who would like to work in the Emergency Department with the theory and skills necessary to function safely. This course will also provide a good review for those persons already working in the Emergency Department.

### Course Fees for Emergency Nursing

Tuition	Textbook	Materials	Card
\$400.00	\$80.00	\$20.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
3/11/2010	4/15/2010	6	Thursday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	48

## Fetal Monitoring ( Basic )

This program will include essential concepts and skills needed to provide basic fetal monitoring. This class is intended for the nurse interested in entering Maternal Child Health Nursing. Techniques for obtaining and analyzing monitor strips will be reviewed and practiced.

### Course Fees for Fetal Monitoring ( Basic )

Tuition	Textbook	Materials	Card
\$125.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/19/2010		1	Tuesday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8
3/11/2010		1	Thursday	Beverly	Classroom D	9:00 AM	5:00 PM	8

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## ***Fetal Monitoring (Advanced)***

This program will include current concepts and skills needed to provide advanced fetal monitoring. This course is intended for the nurse with established basic knowledge of Maternal Child Health Nursing. Techniques for analyzing monitor strips will be reviewed and practiced. Skill competency will be assessed in class.

### **Course Fees for Fetal Monitoring (Advanced)**

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$125.00	\$0.00	\$0.00	\$0.00

<b>START DATE</b>	<b>END DATE</b>	<b># OF MTGS</b>	<b>DAY</b>	<b>LOCATION</b>	<b>CLASSROOM</b>	<b>START TIME</b>	<b>END TIME</b>	<b>CEU</b>
1/28/2010		1	Thursday	Garden Grove	Plaza Classroom	9:00 AM	5:00 PM	8
2/12/2010		1	Friday	Memorial Gardena	Medical Library	9:00 AM	5:00 PM	8
3/13/2010		1	Saturday	Anaheim Regional	Classroom A	9:00 AM	5:00 PM	8
3/19/2010		1	Friday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8
3/22/2010		1	Monday	Whittier	Education Classroom #375	9:00 AM	5:00 PM	8

## ***Head to Toe Assessment in 5 Minutes***

This program is designed to cover the basic aspects of the adult patient assessment in a quick format. It will include interview techniques, palpation, percussion, auscultation and inspection. Participants should be prepared to perform aspects of assessment by bringing a stethoscope and pen light to class. Appropriate for LVNs and RNs.

### **Course Fees for Head to Toe Assessment in 5 Minutes**

<b>Tuition</b>	<b>Textbook</b>	<b>Materials</b>	<b>Card</b>
\$50.00	\$0.00	\$0.00	\$0.00

<b>START DATE</b>	<b>END DATE</b>	<b># OF MTGS</b>	<b>DAY</b>	<b>LOCATION</b>	<b>CLASSROOM</b>	<b>START TIME</b>	<b>END TIME</b>	<b>CEU</b>
1/19/2010		1	Tuesday	Centinela	Room 104	9:00 AM	1:00 PM	4
2/2/2010		1	Tuesday	Alhambra	Community Room	5:30 PM	9:30 PM	4
2/25/2010		1	Thursday	West Anaheim	Community Room	8:30 AM	12:30 PM	4
3/2/2010		1	Tuesday	Memorial Gardena	Medical Library	1:00 PM	5:00 PM	4
3/31/2010		1	Wednesday	Anaheim Regional	Classroom A	8:00 AM	12:00 PM	4

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## Hemodynamic Monitoring

This class examines the critical concepts of hemodynamic monitoring to assist in providing nursing care for the hemodynamically unstable patient. Students are given the opportunity to identify the principles of preload, afterload, pulmonary capillary wedge pressure and uses for the pulmonary arterial catheter.

### Course Fees for Hemodynamic Monitoring

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
3/17/2010		1	Wednesday	Hunt. Beach	Conference Room 3	8:30 AM	2:30 PM	6

## Leadership Training (for existing managers)

Topics will include Strategic planning, financial resources, personnel issues including delegation, hiring and disciplinary management. Course is designed for the existing healthcare manager.

### Course Fees for Leadership Training (for existing managers)

Tuition	Textbook	Materials	Card
\$40.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/22/2010		1	Monday	Whittier	Education Classroom #375	1:00 PM	5:00 PM	4
3/8/2010		1	Monday	Whittier	Education Classroom #375	8:30 AM	12:30 PM	4
3/25/2010		1	Thursday	West Anaheim	Community Room	8:30 AM	12:30 PM	4

## Legalities & Ethics for Practice \*+

This class will review the legal and ethical aspects associated with nursing practice. Decision making concepts will be reviewed and practiced in group sessions. Hospital resources for legal and ethical guidance will be discussed. Current case law will be presented and evaluated.

### Course Fees for Legalities & Ethics for Practice \*+

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/20/2010		1	Wednesday	Alhambra	Community Room	8:00 AM	12:00 PM	4

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## Med/Surg Update

This class is specifically intended for the nurse working in the Medical/Surgical Nursing environment. In this class the student will review current issues, regulations and technologies, as well as current nursing practices based on recent research. A Critical Pathway will be developed by each participant for a specific disease process related to Medical/Surgical Nursing. JCAHO standards related to Medical/Surgical Nursing will be identified and discussed.

### Course Fees for Med/Surg Update

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/28/2010		1	Thursday	Alhambra	Community Room	2:00 PM	6:00 PM	4

## Medical Terminology - Introduction \*

This class is specifically intended for new healthcare personnel with a comprehensive focus on medical terminology and definitions. Upon completion of this class the participant will have the basic knowledge and understanding to use and understand medical terminology in practice.

### Course Fees for Medical Terminology - Introduction \*

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/21/2010		1	Thursday	Flex Ed Center	Cedar Room	8:30 AM	12:30 PM	4
1/25/2010		1	Monday	Alhambra	Community Room	5:30 PM	9:30 PM	4
2/16/2010		1	Tuesday	Anaheim Regional	Classroom A	5:30 PM	9:30 PM	4
3/8/2010		1	Monday	Pacific Long Beach	South Campus - Classroom 3	8:00 AM	12:00 PM	4
3/30/2010		1	Tuesday	Flex Ed Center	Cedar Room	1:00 PM	5:00 PM	4

## NCLEX - RN

This course will provide the new grad Registered Nurse with 16 hours of review and practice questions to prepare for the RN NCLEX exam.

### Course Fees for NCLEX - RN

Tuition	Textbook	Materials	Card
\$120.00	\$35.00	\$20.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/8/2010	1/15/2010	2	Friday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	16

*Tuition fees are not applicable for verified employees of contract facilities. Classes with an asterisk (\*) indicate CNA appropriate. Classes with a (+) meet the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Classes may be cancelled for unusual circumstances, or if there is low enrollment on the first day of class. Classes and prices are subject to change. No refund is provided unless the class is cancelled. Participants must register online at [www.flexed.com](http://www.flexed.com) or by calling 909-464-2299. Course completion requires attendance of ALL scheduled course dates and given course assignments. Late registration WILL NOT be accepted. Participants arriving late to a course may be turned away.*

## Neonatal Assessment

This class is specifically intended for nurses working in the Maternal Health Nursing environment. Those who work in the emergency environment will also benefit from this class. Content will include assessment of the neonate and nursing considerations for normal and abnormal findings. Skills competency will be assessed in class.

### Course Fees for Neonatal Assessment

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/9/2010		1	Tuesday	Pacific Long Beach	South Campus - Classroom 3	8:00 AM	12:00 PM	4
3/22/2010		1	Monday	Beverly	Classroom D	8:30 AM	12:30 PM	4
3/24/2010		1	Wednesday	Garden Grove	Litke Auditorium	5:30 PM	9:30 PM	4

## New Grad

This course is intended for the New Graduate RN. Included will be the following topics: scope of practice review, critical thinking, communication, Pre and Post-op Care, review of "tubes", skin and wound care, regulatory requirements, assessment skills, what do lab results mean?, review of respiratory needs, time management and planning your day, IV practice, central line review, diabetes, CHF care, documentation, nutrition and diet therapy patient teaching

### Course Fees for New Grad

Tuition	Textbook	Materials	Card
\$325.00	\$25.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/11/2010	2/15/2010	6	Monday	Whittier	Education Classroom #375	8:00 AM	4:00 PM	48
1/12/2010	2/16/2010	6	Tuesday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	48
2/25/2010	4/1/2010	6	Thursday	Anaheim Regional	Classroom A	9:00 AM	5:00 PM	48
3/12/2010	4/16/2010	6	Friday	Alhambra	Community Room	9:00 AM	5:00 PM	48

## NRP - Neonatal Resuscitation Provider

This program is designed for first-time NRP participant or participants with expired provider cards. Utilizing the Textbook of Neonatal Resuscitation - 5th Edition, AAP & AHA guidelines will be used to prepare participants to complete competency testing. This is a comprehensive program that will require intensive study and participation to be successful. Participants are encouraged to receive and review the text ahead of time. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$55 text fee plus \$5 for shipping).

### Course Fees for NRP - Neonatal Resuscitation Provider

Tuition	Textbook	Materials	Card
\$205.00	\$55.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/23/2010		1	Wednesday	West Med Anaheim	Conference Room 5	9:00 AM	5:00 PM	8

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3/4/2010	1	Thursday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8
3/25/2010	1	Thursday	Whittier	Education Classroom #375	8:30 AM	4:30 PM	8

## NRP - Renewal

This program is designed for CURRENT NRP providers. Your card MUST be current and presented at the course to be eligible to attend. Participants should study prior to the course utilizing the Textbook of Neonatal Resuscitation – 5th Edition and be prepared to perform skills validation and the written exam. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$55 text fee plus \$5 for shipping).

### Course Fees for NRP - Renewal

Tuition	Textbook	Materials	Card
\$110.00	\$55.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/7/2010		1	Thursday	West Med Anaheim	Conference Room 4	9:00 AM	3:00 PM	6
1/28/2010		1	Thursday	Whittier	Education Classroom #375	9:00 AM	3:00 PM	6
2/22/2010		1	Monday	Flex Ed Center	Palm Room	9:00 AM	3:00 PM	6
3/17/2010		1	Wednesday	Corona	CMC Auditorium	9:00 AM	3:00 PM	6

## OB Complications and Emergencies

This class is specifically intended for the nurse working in Maternal Child Health or Emergency Services. Students will identify a variety of high-risk conditions and apply related assessment strategies, planning, implementation and outcome measures.

### Course Fees for OB Complications and Emergencies

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/11/2010		1	Monday	Beverly	Tower Basement West	8:00 AM	12:00 PM	4
3/8/2010		1	Monday	West Med Anaheim	Conference Room 5	9:00 AM	1:00 PM	4

## Pain Management & Treatment Modalities+

This class is specifically intended to assist the nurse in effectively recognizing and managing pain issues. Current physiologic theories, research and treatment modalities will be discussed. Current regulatory standards will be addressed and explored for compliance strategies.

### Course Fees for Pain Management & Treatment Modalities+

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
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## PALS Provider

++The PALS Provider course is designed for first-time participants or those with an expired card. Curriculum will focus on the team approach and prepare participants to work as a team in a code situation. Thorough review of the textbook prior to the course is required as well as completion of the Pre course Preparation Checklist in the Provider Manual. This includes the online self-assessment. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$45 text fee plus \$5 for shipping). The last day of 2-day Providers are scheduled for 7 hours\*\*

Course Fees for PALS Provider			
Tuition	Textbook	Materials	Card
\$220.00	\$45.00	\$0.00	\$10.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/19/2010	1/26/2010	2	Tuesday	Sherman Oaks	3rd Floor Classroom	9:00 AM	5:00 PM	15
1/20/2010	1/27/2010	2	Wednesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	15
1/23/2010	1/30/2010	2	Saturday	Brotman	Cardiac Rehab Room	9:00 AM	5:00 PM	15
2/10/2010	2/15/2010	2	Wed/Mon	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	15
2/16/2010	2/23/2010	2	Tuesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	15
2/20/2010	2/27/2010	2	Saturday	Temple	Basement Conference Room	9:00 AM	5:00 PM	15
3/3/2010	3/5/2010	2	Wed/Fri	Centinela	Room 104	9:00 AM	5:00 PM	15
3/12/2010	3/19/2010	2	Friday	Memorial Gardena	Medical Library	9:00 AM	5:00 PM	15
3/17/2010	3/24/2010	2	Wednesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	15
3/23/2010	3/30/2010	2	Tuesday	Olympia	4 West Lounge	9:00 AM	5:00 PM	15

## PALS Renewal

++ The PALS Renewal course is designed for participants with a CURRENT PALS Provider card. Each participant will be evaluated individually on his/her ability to demonstrate core course knowledge and skills while acting as a team leader. Significant precourse preparation is essential to course success. Participants must have the textbook ahead of time and complete the Precourse Preparation Checklist in the Provider Manual. This includes the online self-assessment. Participants who do not practice PALS skills on a regular basis are encouraged to attend the full PALS Provider course. Textbooks are available for purchase at the Flex Ed office or can be mailed (\$45 text fee plus \$5 for shipping).

Course Fees for PALS Renewal			
Tuition	Textbook	Materials	Card
\$120.00	\$45.00	\$0.00	\$10.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/8/2010		1	Friday	Hunt. Beach	Café B	9:00 AM	5:00 PM	8
1/9/2010		1	Saturday	Flex Ed Center	Cedar Room	8:30 AM	4:30 PM	8
1/22/2010		1	Friday	Anaheim Regional	Classroom A	9:00 AM	5:00 PM	8
1/23/2010		1	Saturday	Temple	Basement Conference Room	9:00 AM	5:00 PM	8

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1/29/2010	1	Friday	Flex Ed Center	Cedar Room	8:30 AM	4:30 PM	8
2/9/2010	1	Tuesday	Encino	Classroom	9:00 AM	5:00 PM	8
2/12/2010	1	Friday	Flex Ed Center	Cedar Room	8:30 AM	4:30 PM	8
2/24/2010	1	Wednesday	Whittier	Education Classroom #375	9:00 AM	5:00 PM	8
2/26/2010	1	Friday	Desert Valley	Charitable Conference Room	9:00 AM	5:00 PM	8
3/2/2010	1	Tuesday	West Med Anaheim	Conference Rooms 3 & 4	9:00 AM	5:00 PM	8
3/8/2010	1	Monday	Brotman	Cardiac Rehab Room	9:00 AM	5:00 PM	8
3/9/2010	1	Tuesday	Centinela	Room 104	9:00 AM	5:00 PM	8
3/13/2010	1	Saturday	Flex Ed Center	Cedar Room	8:30 AM	4:30 PM	8
3/19/2010	1	Friday	Paradise Valley	Lobby Meeting Room A	9:00 AM	5:00 PM	8
3/31/2010	1	Wednesday	Flex Ed Center	Cedar Room	9:00 AM	5:00 PM	8

## Pediatric Assessment

This course is specifically intended for the nurse working with the pediatric population. Assessment, age appropriate strategies and cultural differences will be discussed. An overview of current research and "red flags" will be reviewed by participants to enhance current practice. Skills competency will be assessed in class.

### Course Fees for Pediatric Assessment

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/11/2010		1	Monday	Olympia	4 West Lounge	1:00 PM	5:00 PM	4
2/16/2010		1	Tuesday	Whittier	Education Classroom #375	1:00 PM	5:00 PM	4
2/26/2010		1	Friday	San Dimas	Main Conference Room	8:00 AM	12:00 PM	4

## Pediatric Emergencies: Part One

This class is Part 1 of 2 and is specifically intended for the nurse working with the pediatric population. Topics include assessment "red flags", medicating children, child abuse, near-drowning, and a review of current PALS guidelines for cardiopulmonary arrest. A mock code station will be completed during the course.

### Course Fees for Pediatric Emergencies: Part One

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/9/2010		1	Saturday	Sherman Oaks	4911 Conference Room	9:00 AM	5:00 PM	8

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## Pediatric Emergencies: Part Two

This class is Part 2 of 2 and is specifically intended for the nurse working with the pediatric population. Topics include medical-surgical issues found in children such as Kawasaki disease, Reyes Syndrome, GI issues, shock, seizures, trauma, head injury, and poisoning. A review of neonatal resuscitation with a neonatal mock code will be completed.

### Course Fees for Pediatric Emergencies: Part Two

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/10/2010		1	Sunday	Sherman Oaks	4911 Conference Room	9:00 AM	5:00 PM	8

## Preceptor Course

This program includes the essentials needed to be a good preceptor including setting goals with the preceptee, feedback techniques and evaluation methods.

### Course Fees for Preceptor Course

Tuition	Textbook	Materials	Card
\$80.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/11/2010		1	Thursday	Anaheim Regional	Classroom A	9:00 AM	1:00 PM	4

## Respiratory Disorders & Disease Process

This class provides current practice modalities for respiratory diseases including congestive heart failure, chronic obstructive pulmonary disease, pneumonia, HIV/AIDS, ARDS, and other common respiratory conditions. Recognition of emergency conditions, planning, implementation, and outcome measures will be explored.

### Course Fees for Respiratory Disorders & Disease Process

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/18/2010		1	Thursday	Alhambra	Community Room	8:00 AM	12:00 PM	4

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## Role of the Charge Nurse

This course is intended for the registered nurse who participates or plans to participate in the charge nurse role. Advanced leadership strategies, communication techniques, priority setting, and conflict management will be discussed. Practice scenarios will be facilitated in group exercises.

### Course Fees for Role of the Charge Nurse

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/22/2010		1	Monday	Whittier	Education Classroom #375	8:00 AM	12:00 PM	4

## S.T.A.B.L.E

S.T.A.B.L.E. targets the post-resuscitation care of ill neonates and is therefore considered by many experts to be the follow-up, complementary program to the American Academy of Pediatrics' Neonatal Resuscitation Program (NRP). S.T.A.B.L.E. serves as a concise educational tool to organize the myriad of details necessary to stabilize and care for sick infants. S.T.A.B.L.E. stands for Sugar, Temperature, Airway, Blood Pressure, Labwork, and Emotional support-all necessary components of stabilizing ill infants.

### Course Fees for S.T.A.B.L.E

Tuition	Textbook	Materials	Card
\$100.00	\$50.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
2/1/2010		1	Monday	Beverly	Classroom D	9:00 AM	5:00 PM	8
2/19/2010		1	Friday	Corona	Conference Center	8:00 AM	4:00 PM	8
3/15/2010		1	Monday	Garden Grove	Plaza Classroom	9:00 AM	5:00 PM	8

## Sexual Harassment \*+

This interactive session is written to comply with mandated Sexual Harassment training. It is designed to review legal and facility implications of Sexual Harassment in the workplace, engage staff in self-assessment and planning, and investigate best practice through group scenarios assignments.

### Course Fees for Sexual Harassment \*+

Tuition	Textbook	Materials	Card
\$40.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
3/17/2010		1	Wednesday	Alhambra	Community Room	8:00 AM	10:00 AM	2

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## Spanish for Medical Personnel \*+

This class is intended for the healthcare professional to develop the language skills necessary to communicate with patients and families in Spanish. Emphasis is placed on the practice of words and phrases common to the healthcare environment for safe and effective communication.

### Course Fees for Spanish for Medical Personnel \*+

Tuition	Textbook	Materials	Card
\$50.00	\$10.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/25/2010		1	Monday	Olympia	Pavilion Conference Room (PCR)	8:00 AM	12:00 PM	4
2/24/2010		1	Wednesday	Flex Ed Center	Cedar Room	5:30 PM	9:30 PM	4
3/20/2010		1	Saturday	Flex Ed Center	Cedar Room	8:30 AM	12:30 PM	4

## Splinting Application

This class goes over the goals of splinting, instructions for use, tips for splinting, bandaging selection and wrapping techniques, size selection, patient monitoring skills and care of the splint and injury.

### Course Fees for Splinting Application

Tuition	Textbook	Materials	Card
\$40.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/21/2010		1	Thursday	Hunt. Beach	Conference Room 3	2:00 PM	4:00 PM	2

## Triage & EMTALA Guidelines for ER

This class is intended for the registered nurse who participates or plans to participate in the Role of Triage Nurse. The content will include identification of triage systems and their related functions, triage categories, and regulations related to the triage process. Students will be able to identify current protocols mandated and regulated by EMTALA.

### Course Fees for Triage & EMTALA Guidelines for ER

Tuition	Textbook	Materials	Card
\$50.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/16/2010		1	Saturday	Pacific Long Beach	Auditorium	8:00 AM	12:00 PM	4

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## Twelve Lead EKG

This class is intended for the registered nurse who works in an advanced practice setting such as ICU, ED, PACU or other monitored units. Current techniques to analyze and interpret a twelve lead EKG will be reviewed and practiced. Content will also include the recognition of hypertrophy, myocardial infarction, acute coronary syndrome, bundle branch block and other related topics. Participants must have a working knowledge of basic rhythms.

### Course Fees for Twelve Lead EKG

Tuition	Textbook	Materials	Card
\$130.00	\$20.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/6/2010		1	Wednesday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8
1/26/2010		1	Tuesday	Alhambra	Community Room	9:00 AM	5:00 PM	8
2/3/2010		1	Wednesday	Olympia	4 West Lounge	9:00 AM	5:00 PM	8
2/4/2010		1	Thursday	Encino	Classroom	9:00 AM	5:00 PM	8
2/17/2010		1	Wednesday	Anaheim Regional	Classroom D	9:00 AM	5:00 PM	8
2/25/2010		1	Thursday	Brotman	Cardiac Rehab Room	8:00 AM	4:00 PM	8
2/26/2010		1	Friday	Beverly	Classroom D	8:30 AM	4:30 PM	8
3/10/2010		1	Wednesday	Flex Ed Center	Palm Room	9:00 AM	5:00 PM	8
3/22/2010		1	Monday	West Med Anaheim	Conference Room 5	9:00 AM	5:00 PM	8

## Unit Secretary Course \*

NO RN or LVN Credit Available. This class is designed to teach the concepts necessary to become a unit secretary in a healthcare setting. Customer relations, transcription, medical terminology review, and the practice of necessary skills will be included.

### Course Fees for Unit Secretary Course \*

Tuition	Textbook	Materials	Card
\$200.00	\$30.00	\$20.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
3/1/2010	4/5/2010	6	Monday	Flex Ed Center	Cedar Room	5:30 PM	9:30 PM	24

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## Ventilators and Trach Care

Class content includes an overview of respiratory anatomy and physiology as well as oxygen modalities and treatment for those in respiratory distress. The class will also review methods of Arterial Blood Gas Interpretation. For those patients in respiratory failure, the course will review current ventilator modes as well as nursing care techniques for the patient who is ventilator dependent.

### Course Fees for Ventilators and Trach Care

Tuition	Textbook	Materials	Card
\$100.00	\$0.00	\$0.00	\$0.00

START DATE	END DATE	# OF MTGS	DAY	LOCATION	CLASSROOM	START TIME	END TIME	CEU
1/12/2010		1	Tuesday	Centinela	Room 104	9:00 AM	5:00 PM	8
1/26/2010		1	Tuesday	Olympia	4 West Lounge	9:00 AM	5:00 PM	8
1/29/2010		1	Friday	Anaheim Regional	Classroom C	9:00 AM	5:00 PM	8
2/2/2010		1	Tuesday	Sherman Oaks	3rd Floor Classroom	9:00 AM	5:00 PM	8
2/5/2010		1	Friday	Corona	CMC Auditorium	9:00 AM	5:00 PM	8
2/6/2010		1	Saturday	Temple	Basement Conference Room	9:00 AM	5:00 PM	8
2/17/2010		1	Wednesday	Hunt. Beach	Conference Room 3	9:00 AM	5:00 PM	8
2/22/2010		1	Monday	Pacific Long Beach	South Campus - Classroom 3	9:00 AM	5:00 PM	8
3/15/2010		1	Monday	Whittier	Education Classroom #375	8:00 AM	4:00 PM	8
3/29/2010		1	Monday	Alhambra	Community Room	9:00 AM	5:00 PM	8

*Tuition fees are not applicable for verified employees of contract facilities. Classes with an asterisk (\*) indicate CNA appropriate. Classes with a (+) meet the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Classes may be cancelled for unusual circumstances, or if there is low enrollment on the first day of class. Classes and prices are subject to change. No refund is provided unless the class is cancelled. Participants must register online at [www.flexed.com](http://www.flexed.com) or by calling 909-464-2299. Course completion requires attendance of ALL scheduled course dates and given course assignments. Late registration WILL NOT be accepted. Participants arriving late to a course may be turned away.*

## Home Study Programs Presented by Flex Ed

*Home studies are offered at no cost for verified employees of contract facilities and can be picked up directly from your facility.*

TITLE	NON-CONTRACT COST	CONTACT HOURS
<b>** Please Note: C.N.A.'s are not eligible to receive CE credit for home study programs **</b> Programs marked with a (+) meet the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.		
Blood Administration Guidelines <i>(NEW 2008)</i>	\$10.00	1.0
Child Abuse (+)	\$10.00	1.0
Anticoagulant Therapy <i>(NEW 2008)</i>	\$10.00	1.0
Effective Decision Making (+)	\$10.00	1.0
Growth and Development (+)	\$10.00	1.0
Dysrhythmia Interpretation & Therapeutic Modalities: Module III	\$10.00	1.0
Peritoneal Dialysis	\$10.00	1.0
Anesthesia Awareness in the Surgical Patient (+) <i>(Rev 2008)</i>	\$10.00	1.0
Advance Directives (+)	\$15.00	2.0
Post-Op Care and Considerations <i>(NEW 2008)</i>	\$15.00	2.0
Identifying Substance Abuse in Co-Workers & Patients (+)	\$15.00	2.0
Elder Abuse (+)	\$15.00	2.0
Case Study: HIV/AIDS <i>(Rev 2008)</i>	\$15.00	2.0
Dysrhythmia Interpretation & Therapeutic Modalities: Module II	\$15.00	2.0
Dysrhythmia Interpretation & Therapeutic Modalities: Module IV	\$15.00	2.0
Charting Smarter (+)	\$15.00	2.0
Morbid Obesity (+) <i>(Rev 2008)</i>	\$15.00	2.0
Organ and Tissue Donation (+)	\$15.00	2.0
Preventing Pediatric Medication Errors <i>(NEW 2008)</i>	\$25.00	2.0
Psychotropic Medications for Healthcare Providers (+)	\$15.00	2.0
Critical Thinking and Our Decision Making Process (+) <i>(Rev 2008)</i>	\$15.00	2.0
HIPAA Privacy Legislation <i>(NEW 2008)</i>	\$15.00	2.0
Fibrinolytic Therapy	\$20.00	3.0
Pulmonary Pneumonia	\$20.00	3.0
Bioterrorism Diseases: Recognition and Treatment (+)	\$25.00	4.0
Head to Toe Assessment	\$25.00	4.0
Viral Hepatitis <i>(NEW 2008)</i>	\$25.00	4.0
Pain: Physiology and Assessment (+)	\$25.00	4.0
Teaching and Learning Process (+)	\$25.00	4.0
Thermal Injuries – Emergency Management	\$25.00	4.0
Triage: What the Emergency RN Needs to Know	\$25.00	4.0
Restraints and Seclusion <i>(NEW 2008)</i>	\$25.00	4.0

Core Measures: Acute MI, CHF, SCIP, Pregnancy <i>(NEW 2010)</i>	\$30.00	5.0
Dysrhythmia Interpretation & Therapeutic Modalities: Module I	\$30.00	5.0
Medication Safety: Avoiding Medication Errors <i>(Rev 2008)</i>	\$35.00	6.0
Cardiovascular System Assessment & Disorders	\$35.00	6.0
Basic Hemodynamic Monitoring	\$35.00	6.0
Respiratory Assessment & Disorders	\$35.00	6.0
Drug Therapy & IV Calculations for Critical Care	\$40.00	8.0
Geriatrics & Geriatric Emergencies <i>(Rev 2008)</i>	\$40.00	8.0
Diabetes Update & Patient Teaching (+)	\$45.00	10.0
Documentation (+)	\$45.00	10.0
Stress Management (+) <i>(Rev 2008)</i>	\$50.00	15.0

To purchase a Home Study Module, please contact Flex Ed at:  
**909-464-2299.**

Employees of our contract facilities can pickup Home Study Modules  
directly from their facility.

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After completion, mail the Home Study to:

**Flex Ed Inc**  
3340 Riverside Drive Suite F  
Chino, CA 91710

The original answer sheet must be submitted to the office for grading.  
*No fax or photo copies are accepted.*

Please allow up to **4 weeks** from time of submission for grading and  
certificate printing.

## Course Locations

*Phone numbers listed should only be used to receive more specific directions or to reach a class that is in session.*

*Pre-registration is required – online at [www.flexed.com](http://www.flexed.com) or by calling the Flex Ed office at (909) 464-2299*

### **Alhambra Hospital Medical Center**

**(626) 570-1606:** 100 S. Raymond Avenue, Alhambra 91801

Take the 10 fwy. to Atlantic. Go north on Atlantic. Left on Main, left on Raymond. The hospital is on the left. Courses are held in the basement conference room.

### **Anaheim Regional Medical Center**

**(714) 774-1450:** 1111 W. La Palma Ave. Anaheim 92801

Take the 91 fwy to Lemon and go South - Make a right on La Palma Ave.

### **Beverly Hospital**

**(323) 726-1222:** 309 W. Beverly Blvd., Montebello 90640

From the 60 Fwy, merge onto I-605 S via exit 12. Take the Rose Hills Rd. exit 17, toward Beverly Blvd West. Merge onto San Gabriel River Pkwy. Turn slight right. Turn right onto Beverly Blvd. 309 W Beverly Blvd is on the left.

### **Brotman Medical Center**

**(310) 836-7000:** 3828 Delmas Terrace, Culver City 90232

From the 10 Fwy West, exit National Blvd. and go South. Turn left onto Exposition Blvd. Turn right onto Hughes Ave. Turn left onto Venice Blvd. Turn right onto Delmas Terrace.

### **Centinela Hospital Medical Center**

**(310) 673-4660:** 555 E. Hardy St., Inglewood 90301

From the 105 fwy West, exit Hawthorne Blvd. and turn right. Hawthorne Blvd. becomes S. La Brea Ave. Turn right onto E. Hardy St. The hospital will be on your left.

### **Chino Valley Medical Center**

**(909) 464-8600:** 5451 Walnut Avenue, Chino 91710

Take the 60 fwy. and exit south on Central. Turn left on Walnut. The hospital is on the right. Courses are held in the Conference Center on the first floor.

### **Corona Regional Medical Center**

**(951) 737-4343:** 800 S. Main St., Corona 92882

Take the 91 fwy. and exit South on Main Street. The hospital will be on your right. You can park at the Hospital. Most courses will be held in the Auditorium across from the hospital (corner of Main and 9th). Courses scheduled in the Rehab Room are location at the CRMC Magnolia Campus – 730 Magnolia Ave., between Fullerton and Kellogg Avenues.

### **Desert Valley Hospital**

**(760) 241-8000:** 16850 Bear Valley Rd., Victorville 92395

From 15 fwy north exit Bear Valley Rd. and turn right. The hospital is on the left hand side 2.8 miles from the freeway. Courses are held in the Charitable Foundation or in the main hospital.

**Encino Hospital Medical Center**

**(818) 995-5000:** 16237 Ventura Blvd., Encino 91436

From the 101 fwy North, take the Sepulveda Blvd. exit and turn left onto Sepulveda Blvd. Turn right onto Ventura Blvd.

**Flex Ed Center**

**(909) 464-2299:** 3340 Riverside Drive, Suite J, Chino 91710

Take the 60 fwy. to Reservoir Exit. Go South on Reservoir. Right on Riverside Drive. The building is on the northwest corner of Reservoir and Riverside. The Flex Ed office is located at Suite H.

**Garden Grove Hospital Medical Center**

**(714) 537-5160:** 12601 Garden Grove Blvd, Garden Grove 92843

From the 22 West, take the Haster St. exit and turn left onto Haster St. Turn right onto Garden Grove Blvd.

**Hollywood Community Hospital**

**(323) 462-2271:** 6245 De Longpre Ave., Los Angeles 90028

From the 101 fwy. North, exit Sunset Blvd. and go West. Turn left onto N. El Centro Ave. Turn right onto De Longpre Ave.

**Hollywood Community Hospital of Van Nuys**

**(818) 787-1511:** 14433 Emelita St., Van Nuys 91401

From the 101 fwy. North, exit Van Nuys Blvd. and go North. Turn right onto Emelita St.

**Huntington Beach Hospital**

**(714) 842-1473:** 17772 Beach Blvd., Huntington Beach 92647

From the 405 fwy Exit Beach Blvd. and go south. The Hospital is on the left side. Courses are held in the basement conference rooms.

**Kindred Hospital Ontario (Kindred-Ont)**

**(909) 391-0333:** 550 N. Monterey Avenue, Ontario 91764

From the 10 fwy exit at Euclid and go south. Left on F St. From the 60 fwy exit at Euclid and go north. Right on F street You will drive about 2 miles through a residential street which dead ends at the hospital parking lot. Courses are held in the Conference Room next to the cafeteria.

**La Palma Intercommunity Hospital (La Palma)**

**(714) 670-7400:** 7901 Walker St., La Palma 90623

From the 91 fwy exit Orangethorpe and go west. Make a left on Walker. The hospital is on the right.

**Los Angeles Community Hospital**

**(323) 267-0477:** 4081 East Olympic Blvd., Los Angeles 90023

From the 710 fwy. South, exit toward Olympic Blvd. Turn left onto S. Eastern Ave. Turn right onto E. Olympic Blvd.

**Memorial Hospital of Gardena**

**(310) 532-4200:** 1145 West Redondo Beach Blvd., Gardena 90247

From the 105 fwy. take the 110 South toward San Pedro. Take the Redondo Beach Blvd. and turn right.

### **Montclair Hospital Medical Center (MHMC)**

**(909) 625-5411:** 5000 San Bernardino St., Montclair 91763

From the 10 fwy. exit South on Monte Vista Ave. Turn left onto San Bernardino Street. Courses are held in the Conference Room next to the cafeteria.

### **Norwalk Community Hospital**

**(562) 863-4763:** 13222 Bloomfield Ave., Norwalk 90650

Traveling on the 5 fwy North, exit toward Rosecrans Ave. Stay straight to go onto Firestone Blvd. Turn right onto Bloomfield Ave.

### **Olympia Medical Center**

**(310) 657-5900:** 5900 West Olympic Blvd, Los Angeles 90036

Take the 10 west toward Santa Monica. Exit Crenshaw, turn right. Turn left at Venice. Then make a slight right onto San Vicente. Right onto S. Curson Ave. Left onto West Olympic Blvd. Courses are generally held in the Pavilion Conference Room.

### **Pacific Hospital of Long Beach**

**(562) 997-2000:** 2776 Pacific Avenue, Long Beach 90806

Take the 405 south to Pacific Avenue. Merge onto N. Pacific Pl., which turns into Pacific Avenue.

Courses are scheduled at the South Campus Education Center, located at 1725 Pacific Avenue (on the corner of 17<sup>th</sup> & Pacific), which is less than 2 miles South of the hospital.

### **Paradise Valley Hospital**

**(619) 470-4321:** 2400 East Fourth Street, National City 91950

Traveling on the 15-S, merge onto I-805 south. Take the Palm Ave. exit toward National City and turn right onto Palm Ave. Turn left onto E. Division St. Turn right onto Euclid Ave. Turn left onto E. 4<sup>th</sup> St.

### **San Dimas Community Hospital**

**(909) 599-6811:** 1350 W Covina Blvd., San Dimas 91773

Traveling North on 57 fwy exit Covina Blvd make a left. The hospital is on the left. Courses are held in the conference room next to the main lobby.

### **San Gabriel Valley Medical Center**

**(626) 289-5454:** 438 W Las Tunas Dr., San Gabriel 91778

Traveling on the 10 fwy, merge onto S. San Gabriel Blvd. toward San Gabriel. Turn left onto E. Las Tunas Drive. The hospital is on the left. Check the main lobby for directions to the course location.

Courses scheduled in the CHEC Building are located past the hospital, on the corner of Broadway & Junipero Serra Drive.

### **Sherman Oaks Hospital**

**(818) 981-7111:** 4929 Van Nuys Blvd., Sherman Oaks 91403

From the 101 fwy. Exit Van Nuys Blvd and go north. The hospital is on the Left. Courses are held in the 4911 Building, which is separate from the hospital.

### **Temple Community Hospital**

**(213) 382-7252:** 235 North Hoover St., Los Angeles 90004

From the 60 fwy. take the 101 fwy. North. Take the Silver Lake Blvd. exit and turn right. Turn right onto London St. Turn right onto N. Vendome St. Turn right onto Council St. Turn right onto Hoover St.

Courses are held in the basement Conference Room.

**West Anaheim Medical Center**

**(714) 827-3000:** 3033 West Orange Ave., Anaheim 92804

From the 91 fwy exit Beach and go south. Make a right on Orange Ave. The hospital is on the right.

**Western Medical Center Anaheim**

**(714) 533-6220:** 1025 S. Anaheim Blvd., Anaheim 92805

Traveling South on the 57 freeway, exit on Ball Road. Make a right onto Ball Rd. Right on Anaheim Blvd. The hospital is on the left. Courses are held in the second floor Conference Rooms.

**Whittier Hospital**

**(562) 945-3561:** 9080 Colima Rd., Whittier 90605

From the 60 fwy, exit onto Azusa Ave. and head south. Turn right onto Colima Rd. Remain on Colima for 5.5 miles. The hospital will be on your left on the corner of Colima and Janine. Courses scheduled in the Education Classroom are located across Janine and on the other side of the parking structure at the Bergman Medical Group Building – 15111 Janine, Room 375 (3<sup>rd</sup> floor).

**Mail, FAX, or Phone inquiries to:**

**Flex Ed Incorporated**

**3340 Riverside Drive, Ste F - Chino, CA 91710**

**Phone: (909) 464-2299    FAX: (909) 464-9949**

Payment for all courses is made at the door. Payment may be made in the form of cash, check, American Express, Discover, Visa or MasterCard. Returned checks will be processed electronically by AS Check Collect, LLC for check amount plus state allowed fees. For questions, please call 1-800-660-6642.

**California Board of Registered Nursing CEP#08593**

**California Board of Behavioral Sciences PCE# 2249**